Hospital-Wide Activity Therapy and Spiritual Services



Monday

February 2016

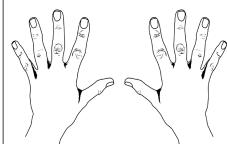


Juliuay
Farm Opens Daily from
10am-3:30pm for visits.
Please stop by!
A Social

Sunday



9:00 CCSF Painting (AS) 11:30 Sensory Enhancement (WC) 12:30 Silent Meditation (CC) 1:30 Theater Arts (WC)



Tuesday

9:00 CCSF Ceramics (AS) 10:30 Praise And Worship (Chap) 10:45 Spanish Protestant (N4) 2:00 Animal Socialization (AS) 2:30 Water Walking (WC) * 4:30 Cognitive Games (AS)



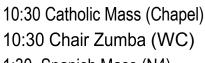
Wednesday

9:00 Art with Elders (AS) 10:15 Self Defense (WC) 10:30 Bookmobile (lobby) 11:15 Spanish Bible Study (Chap) 11:30 Chair Pilates (WC)

1:00 Computer Club (Library) 1:30 Art with Elders (AS) 3:15 Bible Group (S3) 5:00 Open Media (AS)

9:00 Art With Elders (AS) 10:00 Chinese Christian Service (N5) 10:15 Tai Chi (WC) 11:00 Praise and Worship (Chap) 11:30 Sensory Enhancement (WC) 1:30 Art With Elders (AS) 2:00 Ai Chi & Adaptive Water Group (WC) * 2:00 Farm Day (Farm) 7:30 Bingo (CC)

Thursday



10:30 Chair Zumba (WC) 1:30 Spanish Mass (N4) 2:00 Resident Computer Help Desk (Esplanade) 2:30 Chair Yoga (WC) 7:30 Happy Hour Black Jack

Friday

10:15 Residents' Council (AS)



10:30 Farm Strolls 10:30 Holy Eucharist (Chapel) 10:30 Uno & Mahjong (Lib) 10:30 Labyrinth Art And Walking (WC) 1:00 Spanish Protestant Service (AS) 2:00 Craft Corner (AS) 5:00pm AA Group (CC)

Saturday



7 Superbowl

10:00 AA AWE (AS) 10:15 Mass (Chap) 11:15 Chair Pilates (NM) 2:00 Bingo (GS)



Lunar New Year

9:00 CCSF Painting (AS) 11:30 Sensory Enhancement (WC) 1:30 Theater Arts (WC)



9:00 CCSF Ceramics (AS) 10:30 Praise And Worship (Chap) 10:45 Spanish Protestant (N4) 2:00 LGBT Group (AS) 2:00 Animal Socialization

(Clinic)

2:30 Water Walking (WC) * 4:30 Cognitive Games (AS)



9:00 Art with Elders (AS) 10:15 Episcopal Service (Chap) 11:15 Spanish Bible Study (Chap) 1:30 Art with Elders (AS) 2:00 Chinese New Year Event (GS) 3:15 Bible Group (S3)



11

9:00 Art With Elders (AS) 10:00 Chinese Christian Service (N5) 10:15 Tai Chi (WC) 11:00 Praise and Worship (Chap) 11:30 Sensory Enhancement (WC) Desk (Esplanade) 1:30 Art With Elders (AS) 2:00 Ai Chi & Adaptive Water Group (WC) * 2:00 Farm Day (Farm) 7:30 Bingo (CC)

12

10:15 Residents' Council (AS) 10:30 Catholic Mass (Chapel) 10:30 Chair Zumba (WC) 1:30 Spanish Mass (N4) 2:00 Resident Computer Help 2:30 Chair Yoga (WC) 7:30 Happy Hour: Pokeno



13

10:30 Strolls (Farm) 10:30 Labyrinth Art And Walking (WC) 10:00 Buddhist Chanting (N5) 10:30 Praise & Worship (Chapel) 10:30 UNO & Mahjong (Lib) 1:30 Spanish Protestant

2:00 BREAD & ROSES (Chapel)

Service (AS)

2:30 St Vincent DePaul (AS) 5:00AA Group (CC)

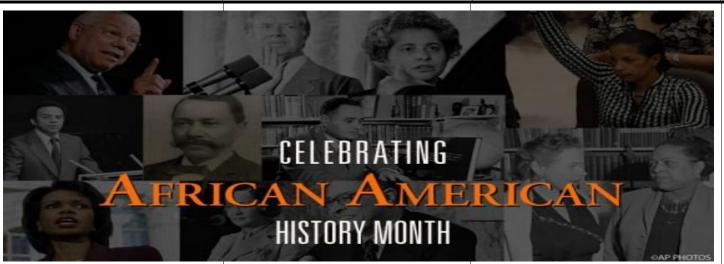
Sunday Monday Tuesday Wednesday **Thursday Friday Saturday** 15 President's Day 14 Valentine's Day 17 18 19 20 9:00 CCSF Ceramics (AS) 9:00 Art With Elders (AS) 10:00 AA AWE (AS) 9:00 Art with Elders (AS) 10:30 Catholic Mass (Chap) 10:30 Strolls (Farm) 10:15 Episcopal Service (Chap) 10:30 Labyrinth Art And 10:00 Buddhist Chanting (N5) 10:00 Chinese Christian (N5) 10:30 Praise And Worship (Chap) 10:30 Chair Zumba (WC) 10:15 Mass (Chap) Walking (WC) 10:45 Spanish Protestant (N4) 10:30 Tai Chi (WC) 10:15 Self Defense (WC) 1:30 Spanish Mass (N4) 10:30 UNO & Mahjong (Lib) 11:15 Chair Pilates (NM) 2:00 Animal Socialization (AS) 11:30 Sensory Enhancement (WC) 2:00 Resident Computer Help 11:00 Opti-Ms Lunch (CC) 1:30 Spanish Protestant 2:00 Bingo (GS) 2:30 Water Walking (WC) * (by invitation only) 1:30 Art With Elders (AS) Desk (Esplanade) Service (AS) 4:30 Cognitive Games (AS) 11:15 Spanish Bible Study (Chap) 2:00 Farm Day (Farm) 2:30 Chair Yoga (WC) 2:00 Craft Corner (AS) 11:30 Chair Pilates (WC) 2:00 Ai Chi & Adaptive Water 7:30 Happy Hour Concert (CC) 5:00AA Group (CC) % दि द 1:00 Computer Club (Library) Group (WC) * Valentine's 1:30 Art with Elders (AS) 7:30 Bingo (CC) 3:15 Bible Group (S3) 5:00 Open Media (AS) 53 24 21 22 23 25 26 27 9:00 Art With Elders (AS) 10:30 Strolls (Farm) 10:00 AA AWE (AS) 9:00 CCSF Painting (AS) 9:00 CCSF Ceramics (AS) 9:00 Art with Elders (AS) 10:30 Catholic Mass (Chap) 10:30 Lutheran Services 10:15 Mass (Chap) 11:30 Sensory Enhancement (WC) 10:30 Praise And Worship (Chap) 10:15 Self Defense (WC) 10:15 Tai Chi (WC) 10:30 Chair Zumba (WC) 1:30 Theater Arts (WC) (Chap) 11:15 Chair Pilates (NM) 10:45 Spanish Protestant (N4) 11:15 Spanish Bible Study (Chap) 11:00 Praise and Worship (Chap) 11:00 Jewish Shabbot (AS) 10:30 Labyrinth Art And 2:00 Bingo (GS) 7:30 Bingo (CC) 2:00 Black History Event (GS) 11:30 Chair Pilates (WC) 11:30 Sensory Enhancement (WC) 1:30 Spanish Mass (N4) Walking (WC) 4:30 Cognitive Games (AS) 1:30 Art with Elders (AS) 1:30 Art With Elders (AS) 2:00 Resident Computer Help 10:30 MahJong & UNO (Lib) 3:15 Bible Group (S3) 2:00 Farm Day (Farm) Desk (Esplanade) lrican American 2:00 48th Ave Concert 5:00 Open Media (AS) 2:00 Ai Chi & Adaptive Water 2:30 Chair Yoga (WC) (Chapel) Group (WC) * 7:30 Happy Hour Table Games 2:30 St Vincent DePaul AS) 7:30 Bingo (CC) (CC) 5:00pm AA Group (CC) 28 Aquatic Sessions are 29 10:00 AA AWE (AS)



10:15 Mass (Chap)









Tuesday, Wednesday and Thursday 1:30-3:30, by referral only.

Please notify your doctor and Activity Therapist if you are interested.