
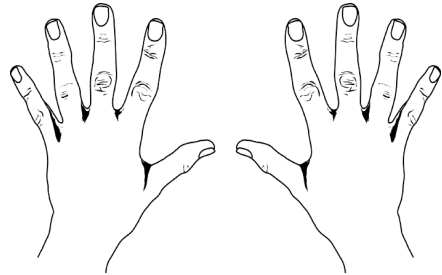










# Hospital-Wide Activity Therapy and Spiritual Services

## February 2016












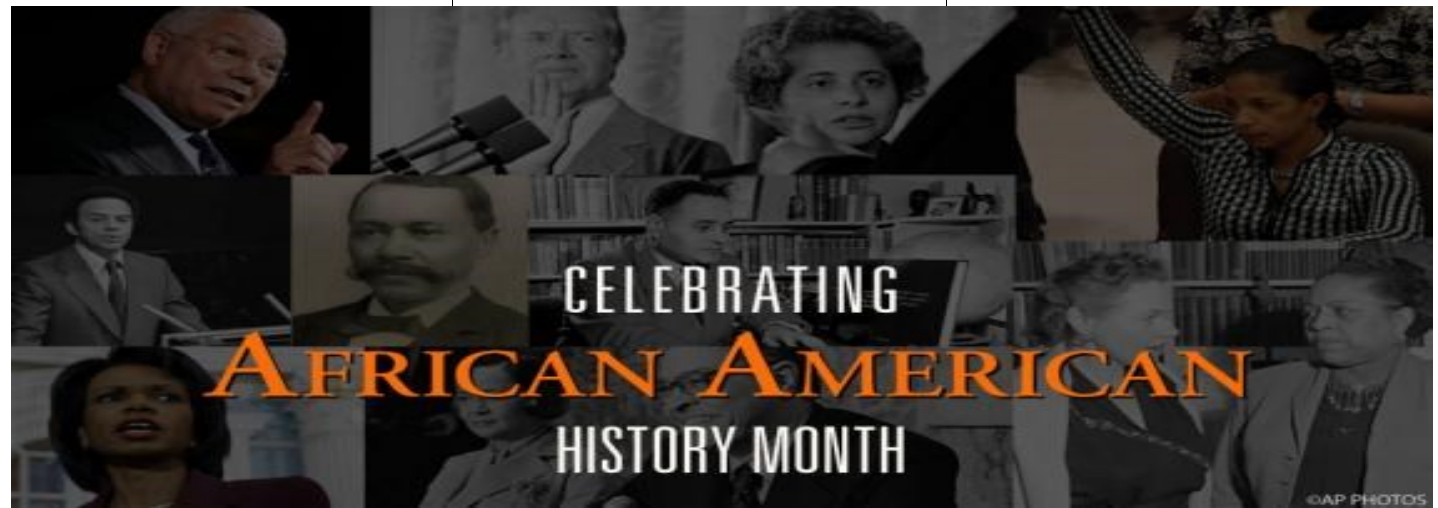



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Farm Opens Daily from 10am-3:30pm for visits. Please stop by!</p> 	<p><b>1</b> 9:00 CCSF Painting (AS) 11:30 Sensory Enhancement (WC) 12:30 Silent Meditation (CC) 1:30 Theater Arts (WC)</p> 	<p><b>2</b> 9:00 CCSF Ceramics (AS) 10:30 Praise And Worship (Chap) 10:45 Spanish Protestant (N4) 2:00 Animal Socialization (AS) 2:30 Water Walking (WC) * 4:30 Cognitive Games (AS)</p> 	<p><b>3</b> 9:00 Art with Elders (AS) 10:15 Self Defense (WC) 10:30 Bookmobile (lobby) 11:15 Spanish Bible Study (Chap) 11:30 Chair Pilates (WC) 1:00 Computer Club (Library) 1:30 Art with Elders (AS) 3:15 Bible Group (S3) 5:00 Open Media (AS)</p>	<p><b>4</b> 9:00 Art With Elders (AS) 10:00 Chinese Christian Service (N5) 10:15 Tai Chi (WC) 11:00 Praise and Worship (Chap) 11:30 Sensory Enhancement (WC) 1:30 Art With Elders (AS) 2:00 Ai Chi &amp; Adaptive Water Group (WC) * 2:00 Farm Day (Farm) 7:30 Bingo (CC)</p>	<p><b>5</b> 10:15 Residents' Council (AS) 10:30 Catholic Mass (Chapel) 10:30 Chair Zumba (WC) 1:30 Spanish Mass (N4) 2:00 Resident Computer Help Desk (Esplanade) 2:30 Chair Yoga (WC) 7:30 Happy Hour Black Jack</p> 	<p><b>6</b> 10:30 Farm Strolls 10:30 Holy Eucharist (Chapel) 10:30 Uno &amp; Mahjong (Lib) 10:30 Labyrinth Art And Walking (WC) 1:00 Spanish Protestant Service (AS) 2:00 Craft Corner (AS) 5:00pm AA Group (CC)</p> 
<p><b>7 Superbowl</b> 10:00 AA AWE (AS) 10:15 Mass (Chap) 11:15 Chair Pilates (NM) 2:00 Bingo (GS)</p> 	<p><b>8 Lunar New Year</b> 9:00 CCSF Painting (AS) 11:30 Sensory Enhancement (WC) 1:30 Theater Arts (WC)</p> 	<p><b>9</b> 9:00 CCSF Ceramics (AS) 10:30 Praise And Worship (Chap) 10:45 Spanish Protestant (N4) 2:00 LGBT Group (AS) 2:00 Animal Socialization (Clinic) 2:30 Water Walking (WC) * 4:30 Cognitive Games (AS)</p> 	<p><b>10</b> 9:00 Art with Elders (AS) 10:15 Episcopal Service (Chap) 11:15 Spanish Bible Study (Chap) 1:30 Art with Elders (AS) <b>2:00 Chinese New Year Event (GS)</b> 3:15 Bible Group (S3)</p> 	<p><b>11</b> 9:00 Art With Elders (AS) 10:00 Chinese Christian Service (N5) 10:15 Tai Chi (WC) 11:00 Praise and Worship (Chap) 11:30 Sensory Enhancement (WC) 1:30 Art With Elders (AS) 2:00 Ai Chi &amp; Adaptive Water Group (WC) * 2:00 Farm Day (Farm) 7:30 Bingo (CC)</p>	<p><b>12</b> 10:15 Residents' Council (AS) 10:30 Catholic Mass (Chapel) 10:30 Chair Zumba (WC) 1:30 Spanish Mass (N4) 2:00 Resident Computer Help Desk (Esplanade) 2:30 Chair Yoga (WC) 7:30 Happy Hour: Pokeno</p> 	<p><b>13</b> 10:30 Strolls (Farm) 10:30 Labyrinth Art And Walking (WC) 10:00 Buddhist Chanting (N5) 10:30 Praise &amp; Worship (Chapel) 10:30 UNO &amp; Mahjong (Lib) 1:30 Spanish Protestant Service (AS) <b>2:00 BREAD &amp; ROSES (Chapel)</b> 2:30 St Vincent DePaul (AS) 5:00AA Group (CC)</p>

\*By Physician Referral

Activities are subject to Change



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>14 Valentine's Day</b>            10:00 AA AWE (AS)            10:00 Buddhist Chanting (N5)            10:15 Mass (Chap)            11:15 Chair Pilates (NM)            2:00 Bingo (GS)</p> 	<p><b>15 President's Day</b></p> 	<p><b>16</b>            9:00 CCSF Ceramics (AS)            10:30 Praise And Worship (Chap)            10:45 Spanish Protestant (N4)            2:00 Animal Socialization (AS)            2:30 Water Walking (WC) *            4:30 Cognitive Games (AS)</p> 	<p><b>17</b>            9:00 Art with Elders (AS)            10:15 Episcopal Service (Chap)            10:15 Self Defense (WC)  <b>11:00 Opti-Ms Lunch (CC)</b>  <b>(by invitation only)</b>            11:15 Spanish Bible Study (Chap)            11:30 Chair Pilates (WC)            1:00 Computer Club (Library)            1:30 Art with Elders (AS)            3:15 Bible Group (S3)            5:00 Open Media (AS)</p>	<p><b>18</b>            9:00 Art With Elders (AS)            10:00 Chinese Christian (N5)            10:30 Tai Chi (WC)            11:30 Sensory Enhancement (WC)            1:30 Art With Elders (AS)            2:00 Farm Day (Farm)            2:00 Ai Chi &amp; Adaptive Water Group (WC) *            7:30 Bingo (CC)</p> 	<p><b>19</b>            10:30 Catholic Mass (Chap)            10:30 Chair Zumba (WC)            1:30 Spanish Mass (N4)            2:00 Resident Computer Help Desk (Esplanade)            2:30 Chair Yoga (WC)            7:30 Happy Hour Concert (CC)</p> 	<p><b>20</b>            10:30 Strolls (Farm)            10:30 Labyrinth Art And Walking (WC)            10:30 UNO &amp; Mahjong (Lib)            1:30 Spanish Protestant Service (AS)            2:00 Craft Corner (AS)            5:00AA Group (CC)</p> 
<p><b>21</b>            10:00 AA AWE (AS)            10:15 Mass (Chap)            11:15 Chair Pilates (NM)            2:00 Bingo (GS)</p> 	<p><b>22</b>            9:00 CCSF Painting (AS)            11:30 Sensory Enhancement (WC)            1:30 Theater Arts (WC)            7:30 Bingo (CC)</p> 	<p><b>23</b>            9:00 CCSF Ceramics (AS)            10:30 Praise And Worship (Chap)            10:45 Spanish Protestant (N4)  <b>2:00 Black History Event (GS)</b>            4:30 Cognitive Games (AS)</p> 	<p><b>24</b>            9:00 Art with Elders (AS)            10:15 Self Defense (WC)            11:15 Spanish Bible Study (Chap)            11:30 Chair Pilates (WC)            1:30 Art with Elders (AS)            3:15 Bible Group (S3)            5:00 Open Media (AS)</p>	<p><b>25</b>            9:00 Art With Elders (AS)            10:15 Tai Chi (WC)            11:00 Praise and Worship (Chap)            11:30 Sensory Enhancement (WC)            1:30 Art With Elders (AS)            2:00 Farm Day (Farm)            2:00 Ai Chi &amp; Adaptive Water Group (WC) *            7:30 Bingo (CC)</p>	<p><b>26</b>            10:30 Catholic Mass (Chap)            10:30 Chair Zumba (WC)            11:00 Jewish Shabbot (AS)            1:30 Spanish Mass (N4)            2:00 Resident Computer Help Desk (Esplanade)            2:30 Chair Yoga (WC)            7:30 Happy Hour Table Games (CC)</p>	<p><b>27</b>            10:30 Strolls (Farm)            10:30 Lutheran Services (Chap)            10:30 Labyrinth Art And Walking (WC)            10:30 MahJong &amp; UNO (Lib)  <b>2:00 48th Ave Concert (Chapel)</b>            2:30 St Vincent DePaul AS)            5:00pm AA Group (CC)</p>
<p><b>28</b>            10:00 AA AWE (AS)            10:15 Mass (Chap)            11:15 Chair Pilates (NM)            2:00 Bingo (GS)</p> 	<p><b>29</b>            9:00 CCSF Painting (AS)            11:30 Sensory Enhancement (WC)            1:30 Theater Arts (WC)</p> 				<p><i>Aquatic Sessions are Tuesday, Wednesday and Thursday 1:30-3:30, by referral only.</i></p> <p><i>Please notify your doctor and Activity Therapist if you are interested.</i></p>	