
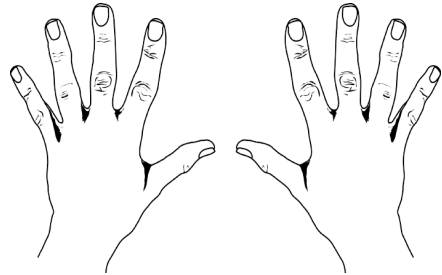










Hospital-Wide Activity Therapy and Spiritual Services












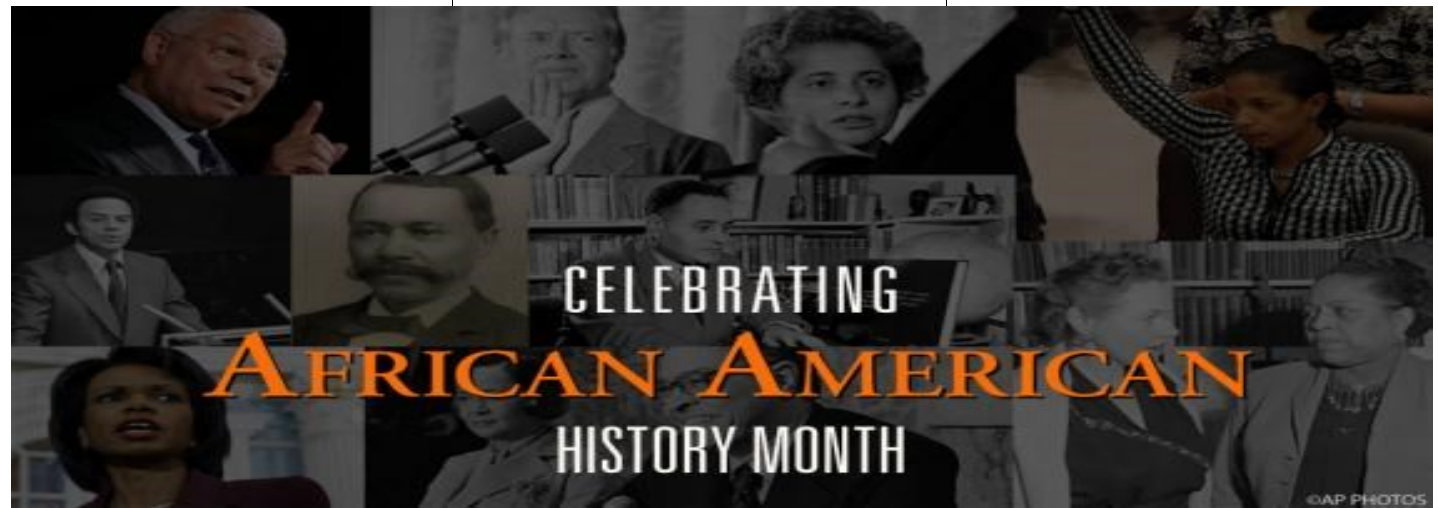

February 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Farm Opens Daily from 10am-3:30pm for visits. Please stop by!</p> 	<p>1 9:00 CCSF Painting (AS) 11:30 Sensory Enhancement (WC) 12:30 Silent Meditation (CC) 1:30 Theater Arts (WC)</p> 	<p>2 9:00 CCSF Ceramics (AS) 10:30 Praise And Worship (Chap) 10:45 Spanish Protestant (N4) 2:00 Animal Socialization (AS) 2:30 Water Walking (WC) * 4:30 Cognitive Games (AS)</p> 	<p>3 9:00 Art with Elders (AS) 10:15 Self Defense (WC) 10:30 Bookmobile (lobby) 11:15 Spanish Bible Study (Chap) 11:30 Chair Pilates (WC) 1:00 Computer Club (Library) 1:30 Art with Elders (AS) 3:15 Bible Group (S3) 5:00 Open Media (AS)</p>	<p>4 9:00 Art With Elders (AS) 10:00 Chinese Christian Service (N5) 10:15 Tai Chi (WC) 11:00 Praise and Worship (Chap) 11:30 Sensory Enhancement (WC) 1:30 Art With Elders (AS) 2:00 Ai Chi & Adaptive Water Group (WC) * 2:00 Farm Day (Farm) 7:30 Bingo (CC)</p>	<p>5 10:15 Residents' Council (AS) 10:30 Catholic Mass (Chapel) 10:30 Chair Zumba (WC) 1:30 Spanish Mass (N4) 2:00 Resident Computer Help Desk (Esplanade) 2:30 Chair Yoga (WC) 7:30 Happy Hour Black Jack</p> 	<p>6 10:30 Farm Strolls 10:30 Holy Eucharist (Chapel) 10:30 Uno & Mahjong (Lib) 10:30 Labyrinth Art And Walking (WC) 1:00 Spanish Protestant Service (AS) 2:00 Craft Corner (AS) 5:00pm AA Group (CC)</p> 
<p>7 Superbowl 10:00 AA AWE (AS) 10:15 Mass (Chap) 11:15 Chair Pilates (NM) 2:00 Bingo (GS)</p> 	<p>8 Lunar New Year 9:00 CCSF Painting (AS) 11:30 Sensory Enhancement (WC) 1:30 Theater Arts (WC)</p> 	<p>9 9:00 CCSF Ceramics (AS) 10:30 Praise And Worship (Chap) 10:45 Spanish Protestant (N4) 2:00 LGBT Group (AS) 2:00 Animal Socialization (Clinic) 2:30 Water Walking (WC) * 4:30 Cognitive Games (AS)</p> 	<p>10 9:00 Art with Elders (AS) 10:15 Episcopal Service (Chap) 11:15 Spanish Bible Study (Chap) 1:30 Art with Elders (AS) 2:00 Chinese New Year Event (GS) 3:15 Bible Group (S3)</p> 	<p>11 9:00 Art With Elders (AS) 10:00 Chinese Christian Service (N5) 10:15 Tai Chi (WC) 11:00 Praise and Worship (Chap) 11:30 Sensory Enhancement (WC) 1:30 Art With Elders (AS) 2:00 Ai Chi & Adaptive Water Group (WC) * 2:00 Farm Day (Farm) 7:30 Bingo (CC)</p>	<p>12 10:15 Residents' Council (AS) 10:30 Catholic Mass (Chapel) 10:30 Chair Zumba (WC) 1:30 Spanish Mass (N4) 2:00 Resident Computer Help Desk (Esplanade) 2:30 Chair Yoga (WC) 7:30 Happy Hour: Pokeno</p> 	<p>13 10:30 Strolls (Farm) 10:30 Labyrinth Art And Walking (WC) 10:00 Buddhist Chanting (N5) 10:30 Praise & Worship (Chapel) 10:30 UNO & Mahjong (Lib) 1:30 Spanish Protestant Service (AS) 2:00 BREAD & ROSES (Chapel) 2:30 St Vincent DePaul (AS) 5:00AA Group (CC)</p>

*By Physician Referral

Activities are subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>14 Valentine's Day 10:00 AA AWE (AS) 10:00 Buddhist Chanting (N5) 10:15 Mass (Chap) 11:15 Chair Pilates (NM) 2:00 Bingo (GS)</p> 	<p>15 President's Day</p> 	<p>16 9:00 CCSF Ceramics (AS) 10:30 Praise And Worship (Chap) 10:45 Spanish Protestant (N4) 2:00 Animal Socialization (AS) 2:30 Water Walking (WC) * 4:30 Cognitive Games (AS)</p> 	<p>17 9:00 Art with Elders (AS) 10:15 Episcopal Service (Chap) 10:15 Self Defense (WC) 11:00 Opti-Ms Lunch (CC) (by invitation only) 11:15 Spanish Bible Study (Chap) 11:30 Chair Pilates (WC) 1:00 Computer Club (Library) 1:30 Art with Elders (AS) 3:15 Bible Group (S3) 5:00 Open Media (AS)</p>	<p>18 9:00 Art With Elders (AS) 10:00 Chinese Christian (N5) 10:30 Tai Chi (WC) 11:30 Sensory Enhancement (WC) 1:30 Art With Elders (AS) 2:00 Farm Day (Farm) 2:00 Ai Chi & Adaptive Water Group (WC) * 7:30 Bingo (CC)</p> 	<p>19 10:30 Catholic Mass (Chap) 10:30 Chair Zumba (WC) 1:30 Spanish Mass (N4) 2:00 Resident Computer Help Desk (Esplanade) 2:30 Chair Yoga (WC) 7:30 Happy Hour Concert (CC)</p> 	<p>20 10:30 Strolls (Farm) 10:30 Labyrinth Art And Walking (WC) 10:30 UNO & Mahjong (Lib) 1:30 Spanish Protestant Service (AS) 2:00 Craft Corner (AS) 5:00AA Group (CC)</p> 
<p>21 10:00 AA AWE (AS) 10:15 Mass (Chap) 11:15 Chair Pilates (NM) 2:00 Bingo (GS)</p> 	<p>22 9:00 CCSF Painting (AS) 11:30 Sensory Enhancement (WC) 1:30 Theater Arts (WC) 7:30 Bingo (CC)</p> 	<p>23 9:00 CCSF Ceramics (AS) 10:30 Praise And Worship (Chap) 10:45 Spanish Protestant (N4) 2:00 Black History Event (GS) 4:30 Cognitive Games (AS)</p> 	<p>24 9:00 Art with Elders (AS) 10:15 Self Defense (WC) 11:15 Spanish Bible Study (Chap) 11:30 Chair Pilates (WC) 1:30 Art with Elders (AS) 3:15 Bible Group (S3) 5:00 Open Media (AS)</p>	<p>25 9:00 Art With Elders (AS) 10:15 Tai Chi (WC) 11:00 Praise and Worship (Chap) 11:30 Sensory Enhancement (WC) 1:30 Art With Elders (AS) 2:00 Farm Day (Farm) 2:00 Ai Chi & Adaptive Water Group (WC) * 7:30 Bingo (CC)</p>	<p>26 10:30 Catholic Mass (Chap) 10:30 Chair Zumba (WC) 11:00 Jewish Shabbot (AS) 1:30 Spanish Mass (N4) 2:00 Resident Computer Help Desk (Esplanade) 2:30 Chair Yoga (WC) 7:30 Happy Hour Table Games (CC)</p>	<p>27 10:30 Strolls (Farm) 10:30 Lutheran Services (Chap) 10:30 Labyrinth Art And Walking (WC) 10:30 MahJong & UNO (Lib) 2:00 48th Ave Concert (Chapel) 2:30 St Vincent DePaul AS) 5:00pm AA Group (CC)</p>
<p>28 10:00 AA AWE (AS) 10:15 Mass (Chap) 11:15 Chair Pilates (NM) 2:00 Bingo (GS)</p> 	<p>29 9:00 CCSF Painting (AS) 11:30 Sensory Enhancement (WC) 1:30 Theater Arts (WC)</p> 				<p><i>Aquatic Sessions are Tuesday, Wednesday and Thursday 1:30-3:30, by referral only.</i></p> <p><i>Please notify your doctor and Activity Therapist if you are interested.</i></p>	