ANNUAL REPORT
2020 — 2021
Laguna Honda Hospital and Rehabilitation Center
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About Laguna Honda

Our Mission
To provide a welcoming, therapeutic, and healing environment that promotes the individual’s health and well-being.

Our Vision
To build healthier lives as the leader in post-acute care.

Our Strategic Goals
Communication
Cultural Humility
Centers of Excellence
Philanthropy
Technology

Our Values
Resident Centered Care
Compassion
Professionalism
Competency
Teamwork
Collaboration
Integrity
Communication
San Francisco Health Network

Laguna Honda Hospital and Rehabilitation Center is part of the San Francisco Health Network, the Department of Public Health’s integrated delivery system of care. The San Francisco Health Network was launched July 2014 as San Francisco’s first complete system of care with the goal of improving value of services provided to patients, staff and all San Franciscans.

The mission of San Francisco Health Network is to provide high quality healthcare that enables all San Franciscans to live vibrant healthy lives. The vision of the San Francisco Health Network is to be every San Franciscan’s first choice for healthcare and well-being.

Laguna Honda Executive Leadership Members

Monica Biley, Chief Nursing Officer

Jennifer Carton-Wade, Assistant Hospital Administrator

Lily Conover, Chief Financial Offer

John Grimes, Chief Operations Officer

Wilmie Hathaway, Chief Medical Officer

Michael Phillips, Chief Executive Officer

Nawzaneen Talai, Chief Quality Officer

Ramon Williams, Human Resources Manager
Dear Laguna Honda Hospital Community,

I am extremely proud of our performance as an organization during a very challenging 2021. In another year of great uncertainty brought on by the global pandemic, Laguna Honda Hospital continued to persevere with dignity and grace. The mark of a great organization is the manner in which it responds to adversity. Time after time, Laguna Honda has risen to the challenge and exemplified the true character of our organization during this pandemic. Laguna Honda represents the best of what a long-term care organization can achieve through teamwork, collaboration and trust.

During the fall of 2020, we experienced the joy of reopening our campus and welcoming visitors back to be reunited with family and friends. We started slowly, and paused during the winter surge in cases, with limited outside visits and soon transitioned to around-the-clock visits on the units in the spring of 2021. I am so proud of the fact that there were no new COVID-19 cases that were attributed to any aspects of our reopening.

In late December 2020, we breathed a collective sigh of relief as Laguna Honda was among the first in the nation to receive the COVID-19 vaccine. Our staff and residents responded admirably by stepping up in large numbers and getting vaccinated. In doing so, their efforts literally changed the course of the pandemic at Laguna Honda. By February 2021, our COVID-19 cases came to a virtual standstill. This would not have been possible without the vaccine and our conviction as an organization to embrace it.

Today, approximately 95 percent of residents and all staff on campus are fully vaccinated. I would like to extend a special thank you to everyone who contributed to making our vaccine effort a success. That includes contributions from all our hospital departments, our Outpatient Clinic
team for administering the vaccines and our residents for trusting the process.

We are so thankful for all that we have accomplished during our response to the pandemic. The most rewarding aspect has been the opportunity to reestablish services and welcome the return of visitors to Laguna Honda. After many months of operating in virtual seclusion, it has been such a blessing having life breathe back into our community. Witnessing the return of such iconic services such as Art with Elders, Pride Prom, Medical Clowns and our renowned animal-assisted therapy brought tears of joy to many of our residents and staff alike. The pandemic has been a reminder of the importance of being connected as a community and a society. The sustained loss of that connection took its toll; however, we will emerge from the pandemic with a renewed sense of community. We will always be presented with challenges as we go forward at Laguna Honda. But I am confident in our ability to respond appropriately and effectively whenever adversity may arise.

As we close out the year and prepare for the arrival of 2022, I am filled with great hope for the future. My hope derives from the confidence gained from seeing the Laguna Honda team in action during perhaps the most challenging period in our history. I have witnessed countless examples of extraordinary caring and commitment from every level of our organization. Along the way, both our residents and our staff have often provided me a source of strength, exemplified by their collaboration, courage and resilience. There is no place that I would rather be than here at Laguna Honda. I am proud to serve this great organization and extraordinary community.

Sincerely,

Michael T. Phillips, MHA, FACHE
Chief Executive Officer
True North is a directional compass that helps Laguna Honda Hospital shape our improvement work with the aspirational goal of reaching perfection in different functional areas that enhance the overall care provided to our residents.

In alignment with the Department of Public Health, the six True North pillars serve as the basis for strategic planning and guide leadership in setting priorities and metrics. While tactics and strategies may change, our True North does not.
The Six True North Pillars

**Quality**
Improve the health of people we serve

**Safety**
Ensure safe environments for our residents, visitors, and staff

**Care Experience**
Provide the best experience for the people we serve

![Diagram of True North Pillars]

**Workforce**
Create an environment that respects, values, and invests in all our people

**Financial Stewardship**
Ensure transparent and accountable stewardship of resources

**Equity**
Eliminate health disparities

<table>
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<th>True North Goal</th>
<th>Measure</th>
<th>FY20-21</th>
<th>Target</th>
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<tr>
<td><strong>Quality</strong></td>
<td>Reduce pressure ulcers and falls with major injury</td>
<td>55</td>
<td>79</td>
</tr>
<tr>
<td><strong>Safety</strong></td>
<td>Barcode Medication Administration compliance</td>
<td>94%</td>
<td>90%</td>
</tr>
<tr>
<td><strong>Care Experience</strong></td>
<td>Likelihood to recommend care</td>
<td>99%</td>
<td>100%</td>
</tr>
<tr>
<td><strong>Workforce</strong></td>
<td>Likelihood to recommend working here</td>
<td>77%</td>
<td>85%</td>
</tr>
<tr>
<td><strong>Financial Stewardship</strong></td>
<td>Expenditure growth to not exceed General Fund growth (%)</td>
<td>-2.4%</td>
<td></td>
</tr>
<tr>
<td><strong>Equity</strong></td>
<td>Reduce number of discrete incidents per category (9) for Black / African American residents</td>
<td>497</td>
<td>477 (-10%)</td>
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*True North Scorecard: Laguna Honda achieved 1 aspirational goal during fiscal year 2019-2020.*
Quality of Care

The Quality metric focuses on improving the health of people we serve. This year, Laguna Honda’s Leadership Team continued to focus on reducing pressure ulcers (PU) and falls with major injury.

Nationally, an alarming number of falls occur in nursing homes, with an estimated 50-75% of nursing home residents falling annually. This is twice the chance of falling in the community. Falling is a significant risk among nursing home residents and can lead to injuries, diminished functional status, social isolation, depression, and death. In a typical year, a nursing home with 100 residents can report upwards of 100-200 falls. Although Laguna Honda’s publicly reported CASPER CMS Quality Measure for Falls with Major Injury remains below (better than) the nation average, the opportunity exists to reduce falls.

The second component of this year’s quality metric focuses on PU. A number of high-risk extended-stay residents at Laguna Honda developed facility acquired PU, and a number of residents who are admitted with PU have PU that did not heal within 100 days of stay.

These two critical components to quality of care had several process improvements implemented such as a revamped Falls Performance Improvement Team, gemba rounding, and the development of standard work to improve staff competency.

Quality of Care Key Accomplishments

- Decreased number of newly acquired pressure ulcers (PU) by 21% (target of 10% reduction)
- Instituted a new performance improvement plan for PU management
- Launched a new Falls Performance Improvement Team
Safety

The Safety metric focuses on ensuring a safe environment for our residents, visitors, and staff. This year, Laguna Honda’s Leadership Team focused on improving previous initiatives on safe medication administration.

Laguna Honda implemented the Epic electronic health record system in August 2019. Epic provides us with the opportunity to adopt the barcode medication administration (BCMA), which is the gold standard in inpatient care. BCMA supports the six rights of safe medication administration, including the right patient, medication, dose, time, route, and documentation.

The BCMA data is broken down into three categories – medication scanning, patient scanning, and combined patient and medication scanning. We have chosen to use the combined patient and medication scanning to provide the greatest level of safety.

In September 2020, Laguna Honda, revised its BCMA initiative to improve its practices and ensure the highest standard of medication administration.

From > 90% target, the hospital increased its target and aimed at achieving > 95% combined compliance. Surveys, observations, education, in-services, and follow-ups of licensed nurses were conducted to achieve the most acceptable and highest compliance on BCMA practices.

Safety Key Accomplishments

- Continuation of Barcode Medication Administration (BCMA) system initiative and improving practices
- Increasing the target from > 90% to > 95% compliance
- Improved nursing workflows to ensure BCMA efficiency
- Continuation of workflow to support scanner replacement and repair, and the use of ID cards
- Continuation of system to assure that medications dispensed by the pharmacy and residents’ ID bands are scannable
Throughout 2021, the overall combined BCMA compliance of LHH was above 96% except in January 2021, which was at 94%. This was due to multiple residents on isolation as a result of the surge in COVID-19 cases within the hospital.

Other issues that affected compliance include residents refusing to wear ID bands, and broken scanners, which is minimal and accounts for the 3% to 4% of non-compliance.

The success of the BCMA initiative is made possible through the hard work and dedication of licensed nurses to adhere to barcode scanning policy, and to nursing leadership who monitor and ensure compliance. Licensed nurses and nursing management are working together to identify issues on BCMA and come up with solutions such as providing ID cards for those residents who qualify but refuse the ID bands, timely replacement of broken scanners, and ensuring that barcode is readable and/or replaced regularly.

**Care Experience**

The Care Experience metric focuses on providing the best experience for the people we serve. This year, Laguna Honda’s Leadership Team focused on maintaining the likelihood of recommending Laguna Honda.

This data was collected through Social Service’s discharge survey conducted over the phone regarding resident experience at Laguna Honda. Care experience, from the resident/family perspective, is measured by the metric ‘likelihood to recommend’ from our post-discharge survey. This is an on-going measurement, continued from the past two previous fiscal years. It is meant to give feedback from residents/families that have recently been discharged to the community. In addition to asking about the likelihood of the former resident/family to recommend care at Laguna Honda, we also ask about overall satisfaction with the facility.

Looking ahead, Laguna Honda would like real-time data to be able to ensure appropriate adjustments in time for service recovery. We will continue to follow this metric for FY21-22 and will work with the new supplier for care experience surveys to meet this goal.

**Care Experience Key Accomplishments**

- Maintained quarterly scores over 85%
- Thanks to the continued support of the Social Services Department, we have been able to continue to gather care experience data
Workforce

The Workforce metric focuses on creating an environment that respects, values, and invests in all our people. This year, Laguna Honda’s Leadership Team focused on improving the likelihood to recommend working here.

In FY20-21, Laguna Honda continued to integrate the survey system into divisional improvement efforts as part of the organization’s Culture of Safety work. Department managers and frontline staff worked together to identify areas of improvement and create actionable plans. Over the course of the year, a pulse survey focused on Culture of Safety questions was internally administered twice to gauge progress and the impact of action plans.

The ten-question survey was designed in a five-point Likert scale format with (5) being the positive end “strongly agree” and (1) being the negative end “strongly disagree.” The sample size remained relatively consistent in October 2020 (646) and July 2021 (528) for the survey administered.

The anonymous responses from Laguna Honda staff reflect an overall increase in staff satisfaction during FY20-21.

Workforce
Key Accomplishments

- New Culture of Safety staff survey administered, which gauges progress impact of action plans
- Staff sample size for Culture of Safety survey doubled during FY19-20
- Survey responses reflect an overall increase in staff satisfaction
Financial Stewardship

The Financial Stewardship metric focuses on ensuring transparent and accountable stewardship of resources. As in the prior year, Laguna Honda’s Leadership Team focused this year on measuring spending rate of growth to not exceed the growth of the City’s General Fund.

In alignment with San Francisco Health Network’s True North metric on financial stewardship, and to be able to continue to serve its rich history in providing San Franciscans excellent quality and cost-effective care, Laguna Honda’s metric seeks to measure expenditure growth as it relates to the growth of the City’s general fund.

Expenditure growth was 4.0% in FY20-21 due to cost of living salary and fringe adjustments and increased emergency response spending. The City’s general fund growth rate was slightly lower, at 1.6%, a 2.4% difference. Revenue growth, including emergency relief funding, increased by 21.0%, resulting in a 50.6% decrease to the general fund subsidy.

Equity

The Equity metric focuses on identifying and eliminating health disparities. This year, Laguna Honda’s Leadership Team tracked the discrete number of unusual occurrence (UO) incidents per priority category, aiming to reduce UO incidents for Black/African American residents in the following areas:

- Abrasion, Bruise, Cuts, Skin Tear, Sprain
- Abuse
- AMA/AWOL
- Assault
- Fall - Resident Only
- Medication or IV Fluid Error
- Problem Behavior - Aggressive
- Problem Behavior – Non Aggressive
- Substance Use

Data analysis demonstrated a reduction in the number of discrete UOs for Black/African American residents in Q3 and Q4.

Financial Stewardship Key Accomplishments

- LHH expenditures were on budget for FY20-21
- Revenue growth and emergency relief funding increased over the prior year, resulting in a decrease to the general fund subsidy, and allowing the City to reallocate funding to support emergency response programming.

Equity Key Accomplishments

- Continued normalizing the use of UO data disaggregated by race to understand where inequities exist and inform equity interventions
However, as operations were significantly interrupted due to protective measures against COVID-19, the hospital reported a reduced number of UOs overall for all racial/ethnic groups.

Preliminary data analysis has been reported to Quality Management and equity partners, and equity interventions are being developed and implemented.

While operations were impacted by COVID-19 response measures, Laguna Honda accomplished important equity priorities in FY20-21, including:

- Training and capacity building with the Risk Management team to support equity analysis
- Launching the new Department of Equity and Culture
- Re-forming the Equity Action Council with representation from over 80% of departments
- Co-authoring DPH’s Racial Equity Action Plan
Stabilization

For the first year of the COVID-19 pandemic, Epic stabilization efforts at Laguna Honda aligned with the Department of Public Health’s planning, management, and response to the COVID-19 crisis. Inpatient long-term care (LTC) worked closely with the Acute and Ambulatory settings to triage critical fixes and allocate appropriate resources to the changing and dynamic situations. Laguna Honda subject matter experts and super users were reassigned to assist DPH COVID response teams and were essential in the stabilization phase while activated in other roles.
COVID-19 Response
The COVID-19 pandemic was the focus of much of 2020 and 2021. The Laguna Honda Core Super Users (CSU) seamlessly worked with the DPH Epic team to build and maintain new and evolving functionality. To better support clinicians, updates were made to allow tracking of COVID-19 tests and vaccine status, as well as upgraded views that facilitated catching changes in the resident’s status. Epic charts now display these statuses at a glance, and staff can utilize a CPVOD Vitals Timeline to easily view the resident’s trending values. COVID-19 Education Topics specific to LTC were integrated into the COVID Screening. The Laguna Honda CSU Core collaborated with the Hospital Incident Command System (HICS) administrators and the Contact Investigation Team to provide support for Occupational Health, assistance with the point of care COVID-19 testing rollout, and the development of COVID-19 and influenza vaccination workflows.

Data Collection
The Laguna Honda Core Super Users team continues to work and explore Epic reporting functionality in an effort to support quality improvement and regulatory compliance. Reports have been created to assist departments in highlighting the quality of service provided as well as looking for opportunities for improvement. The CSU team has collaborated with the departments including, Quality Management, Admissions & Eligibility, Social Work, Medicine and Nursing to abstract meaningful data from Epic to support their needs and workflows.

Epic Development for Long Term Care
The Laguna Honda Core Super Users continue to provide hospital-wide Epic support and training through the Laguna Honda Epic Help email support, Help Line, and SharePoint page. Planning is underway to provide Laguna Honda nursing staff with an in-person Epic review which focuses on LTC workflows.

The CSU work closely with the DPH Epic Team in troubleshooting breaks in the system and to promote optimization efforts. While optimization efforts have been mostly postponed DPH-wide due to the pandemic, some DPH EPIC workgroups started to resume in July 2021, which focused on improvement efforts. Laguna Honda is proud to have provided support to Jail Health Services for their October 1, 2021 Go-Live.

The CSU team participates in a LTC nationwide, multi-facility workgroup led by Epic developers to improve the LTC Epic module. With Laguna Honda being one of the largest LTC facilities using the Epic electronic health record platform in the nation, we have been afforded the opportunity to recommend upgrades and build changes which meet the unique needs of long-term care. Several of our recommendations have been implemented into Epic production and additional suggested builds are currently being facilitated into future upgrades.
The San Francisco Chronicle Profiles Laguna Honda’s Effective COVID-19 Response — July 2020

Laguna Honda was on the cover of the San Francisco Chronicle for our effective response to fight COVID-19. The story was an important acknowledgement of the collective efforts of the entire Laguna Honda community.
Laguna Honda Welcomes New Residents — July 2020

For the first time since March 2019, Laguna Honda welcomed new residents, beginning with nine new residents in July. Welcoming residents during the pandemic was one of the ways we supported the citywide response.

Back to School Staff Celebration Days — August 2020

We celebrated Laguna Honda staff through a “Back to School” themed event. The event included giveaways like ear savers, coffee mugs, energy drinks, snacks, cloth masks, buttons, and more. Across the two days, an estimated 1,000 staff members participated.

Laguna Honda’s Dr. Igor Mocorro’s Research on PrEP Published in JAANP — August 2020

Laguna Honda Nursing Director Dr. Igor Mocorro, who recently graduated as a Doctor of Nursing (DNP), had his research published in the Journal of the American Association of Nurse Practitioners (JAANP). His research will help save lives by encouraging nurse practitioners to make PrEP accessible to young people at risk for HIV.

Epic Core Team Celebrates One Year Anniversary — August 2020

On August 4, 2020, Laguna Honda’s Epic Super Users and Core Super Users celebrated the one year anniversary of go-live. The super users became the backbone of the go-live preparation and implementation by providing support to all the end-users and working collaboratively with the Epic CSI consultants and Department of Public Health (DPH) leadership.

Resuming Visitation and Additional Reopenings — September 2020

On September 4, 2020 DPH updated the Health Order to allow visitation at Laguna and other skilled nursing facilities in San Francisco. Laguna Honda worked closely with DPH and our Infection Prevention and Control team to safely and equitably resume visits. Our first visits under the updated Health Order took place on September 28th. In addition to resuming visitation, Laguna Honda reopened additional clinics (dermatology, plastic surgery, optometry, orthopedics, and podiatry) as well as the salon.

Feed the Frontlines – September 2020

Kimberly Quan’s Feed the Frontlines SF provided over 200 meals to our AM staff. The meals were purchased from Scopa DiVino and
Buena Vida, which also supports our local restaurants. Staff had the option of pansit noodles or pasta. The meals were a wonderful treat for our staff.

Frontline Worker Recognition, Pauline Tran — September 2020

Over Labor Day, the San Francisco Chronicle celebrated Laguna Honda’s Pauline Tran as one of the Bay Area essential workers that keep the region running. Please see below for the photograph and quotation from Pauline that appeared in the paper.

“I’m doing my part to help out the hospital as well as the community, just decreasing the spread and preventing the disease... as essential workers we have to go out there and do our job and get the tasks done for the people that need it.” - Pauline Tran of Laguna Honda’s Contact Investigation team

Four Stars of Quality Measures – October 2020

Laguna Honda’s Quality Measures from CMS returned to four stars on October 21, 2020. We look forward to being back to five stars soon.

Laguna Honda Receives Top Honor for the 2020 Quality Leaders Award from CAPH – November 2020

Laguna Honda won the Top Honor for the 2020 Quality Leaders Award for our COVID-19 Outbreak Response and Management. The prestigious award from the California Association of Public Hospitals and Health Systems (CAPH) recognizes a project that demonstrates a system-wide initiative to provide seamless care to patients. This year, CAPH saw Laguna Honda’s effective and collaborative response to the pandemic and awarded us the Top Honor for the first time in this organization’s history.

Cambridge University Press Publishes Timely Intervention and Control of a Novel Coronavirus (COVID-19) Outbreak at a Large Skilled Nursing Facility – December 2020

From the onset of the COVID-19 pandemic, Laguna Honda partnered with experts at the Centers for Disease Control and Prevention (CDC). To ensure our successful response could be shared with other facilities, the CDC’s Ellora Karmarkar joined Laguna Honda staff in publishing the keys behind Laguna Honda’s effective COVID response and the approaches used to contain the virus in such a large setting. Laguna Honda paper co-authors include Irin Blanco, Jennifer Yu, Dr. Wilmie Hathaway, Dr. Lisa Hoo, and Nawzaneen Talai.
**Annual Resident Holiday Gift Program – December 2020**

Volunteer Services was hard at work during the holiday season to ensure that all residents received a gift from the hospital. For over two months, Michael Ford and Ketkesone Siharath collaborated with the Activity Therapy Department to identify resident wish lists. They also organized volunteer support to package items that were gifted to residents during each neighborhood’s holiday party. Each resident received items that will enhance their quality of life at the hospital.

**Years of Service Celebration — December 2020**

We take great pride at Laguna Honda in the long tenure of our many employees. As a small token of our appreciation for their dedication, every year we celebrate employees who reach a milestone year with the organization, beginning with five years of service. A special thank you to Cathey Renell White, pictured below, who celebrated a remarkable 35 years of service to Laguna Honda!

**COVID-19 Vaccine Rollout — December 2020**

December 2020 and January 2021 saw a turning point for Laguna Honda’s pandemic response as our community was one of the first in the country to get vaccinated. In partnership with Walgreens, nearly all residents received their first dose of the vaccine over a two-day period. After a challenging winter surge, Laguna Honda’s vaccine rollout changed the trajectory of the pandemic for our community.

**The New Yorker Profiles Laguna Honda’s Effective COVID-19 Response — January 2021**

As one of the largest skilled nursing facilities in the country, Laguna Honda’s effective COVID-19 response caught the attention of many journalists. We were happy to host the New Yorker for a series of interviews and
appreciated the opportunity to celebrate our staff and residents and share lessons learned.

**Introducing the Department of Equity and Culture — January 2021**

The Department of Equity and Culture (DEC) led by Amie Fishman will work with DPH’s Office of Health Equity (OHE) and the City’s Office of Racial Equity (ORE) to implement the DPH’s Racial Equity Action Plan (REAP). Amie and Jennifer Carton-Wade worked with DPH’s OHE leadership to draft the REAP. The DEC worked with Laguna Honda’s Executive Leadership to create an A3 for 2021 that includes a plan to address REAP goals and internal equity priorities.

**Mayor London Breed Highlights Laguna Honda Staff in State of the City Address — January 2021**

Mayor London Breed shared her experience as the granddaughter of a Laguna Honda resident in the 2021 State of the City. She shared the following: “The men and women at Laguna Honda, the nurses, doctors, paramedics, and staff there, along with all those taking care of people in need across the City: they are heroes. They are the best of us.”

**Laguna Honda’s Brigitta van Ewijk Celebrated at Rainbow PUSH Coalition Event — February 2021**

Laguna Honda Nurse Manager Brigitta van Ewijk was featured at the Rainbow PUSH Coalition COVID-19 event for her sacrifices and service to support the community during the pandemic. Brigitta shared, “That is what I do. That is my life. That is what I love. I am a healthcare worker.”

**Frontline Worker Profiles on the One-Year Anniversary of the Pandemic — March 2021**

Laguna Honda Registered Nurse Beza Kinefe was profiled on the one-year anniversary of the
pandemic for her work on the frontlines. Beza was part of the South 5 team that cared for all of Laguna Honda’s COVID-19 positive residents. Beza, and the rest of the South 5 team, showed immense bravery, dedication, and compassion.

Expanding Visitation and Additional Reopenings — April 2021

In early 2021, Laguna Honda significantly expanded visits by resuming in-unit visits seven days a week. Resident activities such as Art with Elders, bedside communions, in-person Resident Council Meeting, and other quality of life activities also resumed.

Precita Eyes Mural Expansion — May 2021

Precita Eyes began process of expanding the Laguna Honda mural to Woodside Avenue. Precita Eyes hosted a workshop with Laguna Honda residents to hear ideas for mural themes and to begin sketching ideas.

Nurses Week and the DAISY Awards of Excellence — May 2021

During this year’s Nurses Week, we had the opportunity to celebrate our wonderful nurses and caregivers at Laguna Honda. We are beyond proud of our 2021 DAISY Award recipients who each exemplify the “art and heart” of nursing. There were over 200 nominations from staff, residents, and families. We were inspired by the countless examples of exemplary nursing.
Celebrating Pride – June 2021

Pride Month celebrations were the first large-scale, hospital-wide resident activity since the beginning of the pandemic. The Sisters of Perpetual Indulgence hosted two sessions of Pride Bingo with prizes and decorations. To cap the month, the LHH Pride Committee organized a Pride Prom with music, dancing, and decorations.
Highlights from Fiscal Year
I am Peter L. When I was in my childhood, I liked cycling, climbing, watching movies and eating dim sum because of these activities were economical. I could not afford to do expensive activities. When I was in my teenager, I had worked at the dim sum store till I graduated from high school. I was a working student and I earned money to enjoy roller skating and going on a picnic. As I grow older in my adulthood, I was a full-time working adult. I was working for a computer company while I was studying evening school to educate myself to a better future. I began with a computer technician then eventually I was promoted to become a software engineering. I used to work for a computer company where had hundred and thousand employees. Yet the computer company was downsizing rapidly to 10-20 workers due to competition in the
technology market. From a large corporation to small computer business happened like a blink in my eyes, for I had seen many companies closing down their businesses.

I like traveling, for I have visited the various countries such as Japan, Hong Kong, Taiwan, and Canada in my life when I was in my younger age before I finally settle down in America. In Japan, I had visited Tokyo, Osaka and Kyoto. In Hong Kong, I very enjoyed eating delicious foods, for Hong Kong is such a gourmet paradise. In Taiwan, I liked its beautiful scenery in the city. In Canada, for example, Toronto and Vancouver; I liked its gorgeous national parks. Now I live in San Francisco, the most favorite thing I like San Francisco is its optimal and comfortable weather.

I was sent to Laguna Honda Hospital after a stroke. An ambulance from another hospital sent me to Laguna Honda Hospital. I am one of residents in Asian focused unit, for I am thankful of the love and care that I have been receiving through different clinical team members. They are like my close family members who are taking good care of me daily. I have felt a good team of support to my wellness and recovery here. Since I was growing up in a large family that I have seven siblings, I did not feel receiving much mother’s love ever since I have grown up in my childhood and teenage stages. My mother was hardly taking good care of me. I was satisfied with the care and love and patience from the care team in Asian focused neighborhood, for I also enjoy staying in Laguna Honda Hospital.

When it comes to childhood dream, I have been dreaming for becoming an astronaut. I remember that America had the first space rocket from earth to moon in 1970s, for this was the first time human had reached the moon. I drew a picture with my imagination of walking in the space when I was in my very young age in the classroom; however, my teacher was criticizing my drawing. However, this is one of the reasons that I studied computer science and worked for the computer company. Although my childhood dream may never come true in my life, the memory of being an astronaut is still fresh and clear in my mind. Nowadays, this is not a fantasy dream of human being reaching the moon, for I have seen American reaching the moon in 1970s so as to other astronauts have reached the moon. Both western and eastern cultures have accomplished their milestone in space exploration. I am happy to see this historical events of space exploration in my life.
We honor and remember all those who lost their lives this past year. In this year’s Annual Report we remember Gwen Brister of the Environmental Services Department, who was an active staff member when she passed, and Anne Hughes of the Nursing Department.

“We give thanks for the time we shared with them. We celebrate their lives and we honor them with our memories.

May we always know that no matter how great the pain, the joy that comes from loving is always worth the risk. Help us to see new beginnings in the days ahead, and to know that, even though our friends and family no longer walk beside us, we will be blessed forever by our loving memories of their lives.”

- Reverend Bob Deel,
Laguna Honda Hospital Spiritual Care
Gwen Brister

Together, Laguna Honda grieved the loss of our wonderful colleague, Gwen Brister. For 34 years Gwen was one of the heartbeats of the Environmental Services Department. With the sudden loss of Gwen, the department and Laguna Honda will not be the same.

Known for her famous chili, Gwen was a quiet person yet a huge presence at Laguna Honda. Yvonne Gage, who worked with Gwen for over 15 years, remembers Gwen’s love for her job: “Gwen was a very humble person who loved her job and co-workers.”

Gwen worked throughout the hospital and built friendships with many employees from various departments. Her loving personality won her employee of the month and she was also recognized for assisting a department during a medical emergency. Thank you, Gwen for your service and dedication.

Anne Hughes

For over 40 years Anne Hughes shaped the nursing profession, and her impact lives on through those she mentored, including many leaders at Laguna Honda, and through her contributions to HIV/AIDS care, hospice care, and palliative care.

In addition to her impact on nursing, Anne will be remembered for her remarkable quality of making friends and colleagues everywhere. She worked side by side with doctors and nurses in the Pain Clinic, she was secretary of the Ethics Committee, she worked closely with Social Work, she was the clinical nurse specialist for South 2 and South 3 but worked closely with all teams if they needed a consult for palliative care, and she served food at Thanksgiving and Happy Hour on South 3. Staff can visit Anne’s bench, dedicated by her loved ones, near the Florence Nightingale statue.
Laguna Honda Hospital staff bring excellence, dedication, and compassion to their work every day, supporting our residents and making Laguna Honda a great place to work.

Every year we recognize a select number of staff through our Employee of the Month Program. In recognition of the extraordinary teamwork required during the COVID-19 pandemic, Laguna Honda transitioned to a Team of the Month award for this past year.

Awardees are celebrated with posters around campus, through digital communications, and with a Laguna Honda Hospital sweatshirt. All staff are encouraged to submit nominations.

Thank you to our FY20-21 Teams of the Month!
Resident Stories

Health Checkers

Central Processing (CPD) Department

Rehabilitation Services Department

Nurse Managers
Over the last fiscal year, the Volunteer Services Department had to restrict volunteers from coming onto campus to complete their volunteer assignments due to the COVID-19 pandemic and related Health Order. Thankfully, we were able to allow a small number of volunteers on campus on a limited basis to support both family visits from September 2020 to June 2021 and the annual Holiday Gift Program from November to December 2020.

Starting in June 2021, the Volunteer Services Department was able to slowly re-open various volunteer assignments, on a limited basis, such as the Clothing Room, the Therapeutic Farm and Garden, and Art with Elders. We want to express our sincere gratitude for our volunteers’ support during the pandemic.

**Sr. Kathleen Curtin**

“This is my 7th year volunteering at Laguna Honda. I look forward to seeing the resident’s way of looking at life; it gives me energy. Even if they have physical challenges, they have hope. It is the highlight of my week to come here.”
“Charity is in the name of the Lord, I do it with love. It makes me happy when I make people happy.”

Meryl Larsen

“I love animals and I love that residents can relax and visit the animals at the farm.”

Delores Mays

“I have been a volunteer since 1996, volunteering at the Gift Shop and then the Clothing Room. Sometimes we get very nice donations, like nice jackets and clothing. The donated clothes are very helpful, and the residents can use them.”

Elena Gutteridge

“This is my home away from home. It’s the highlight of my week being here. Pre-Covid, it was a pleasure to bring the animals to visit the residents.”
Who We Served: Resident Demographics
Who We Served: Resident Demographics

Residents by Race

- 26% African American
- 29% White
- 18% Hispanic
- 20% Asian
- 1% Native American/Eskimo
- 1% Native Hawaiian/Pacific Islander
- 4% Other/Unknown

Residents by Gender

- Male 63%
- Female 37%

Residents by Primary Language

- 71% English
- 12% Chinese
- 11% Spanish
- 1% Tagalog
- 2% Other
- 1% Russian

Residents by Age

- Ages 25 to 44: 35%
- Ages 45-64: 15%
- Ages 65-84: 44%
- Ages 85 and above: 6%

Average Length of Stay Prior to Community Discharge

<table>
<thead>
<tr>
<th></th>
<th>FY 19-20</th>
<th>FY 20-21</th>
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<tbody>
<tr>
<td></td>
<td>175 days</td>
<td>305 days</td>
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Community Discharges

<table>
<thead>
<tr>
<th></th>
<th>FY 19-20</th>
<th>FY 20-21</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>123 days</td>
<td>153 days</td>
</tr>
</tbody>
</table>
By the Numbers

221,662  →  Total Resident Days
182     →  Average Length of Stay
164     →  New Admissions
934     →  San Franciscans Served
153     →  Residents Discharged Back into the Community
3,760   →  Hours Completed By Volunteers
86%     →  Percentage of Staff Who Received Flu Vaccination
88%     →  Percentage of Residents Who Received Flu Vaccination

Top 10 Resident Diagnoses

1. Essential (primary) Hypertension
2. Dysphagia, unspecified
3. Epilepsy, unspecified, untractable, without status epilepticus
4. Chronic obstructive pulmonary disease, unspecified
5. Type 2 diabetes mellitus without complications
6. Mayor depressive disorder, single episode, unspecified
7. Other symptoms and signs involving cognitive functions following cerebral infarction
8. Vascular dementia without behavioral disturbance
9. Atherosclerotic heart disease of native coronary artery without angina pectoris
10. Unspecified dementia without behavioral disturbance
<table>
<thead>
<tr>
<th>Financial (in millions)</th>
<th>FY 20-21</th>
<th>FY 19-20</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Operating Revenues</td>
<td>$250.50</td>
<td>$206.94</td>
</tr>
<tr>
<td>Total Operating Expenses</td>
<td>$296.41</td>
<td>$285.05</td>
</tr>
<tr>
<td>General Fund</td>
<td>$33.55</td>
<td>$67.87</td>
</tr>
<tr>
<td>Salaries and Fringe Benefits (includes in Total Operating Expenses)</td>
<td>$225.82</td>
<td>$215.69</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PAYOR Sources</th>
<th>Inpatient Days</th>
<th>Outpatient Days</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>FY 20-21</td>
<td>FY 19-20</td>
</tr>
<tr>
<td>Uninsured</td>
<td>0.6%</td>
<td>0.4%</td>
</tr>
<tr>
<td>Medi-Cal</td>
<td>96.5%</td>
<td>96%</td>
</tr>
<tr>
<td>Medicare</td>
<td>1.9%</td>
<td>2%</td>
</tr>
<tr>
<td>Others</td>
<td>1.0%</td>
<td>2%</td>
</tr>
</tbody>
</table>

(Healthy Families, Research, Jail, Workers’ Comp, Non-Medi-Cal CHN Capitated Plans)
As SFDPH’s governing and policy-making body, the San Francisco Health Commission is mandated by City and County Charter to manage and control the City and County hospitals, to monitor and regulate emergency medical services and all matters pertaining to the preservation, promotion and protection of the lives, health, and mental health of San Francisco residents. The full Health Commission meets on the first and third Tuesday of each month at 4:00 p.m. in Room 300 at 101 Grove Street. The Health Commission’s committee structure consists of:

- The Zuckerberg SF General Joint Conference Committee
- The Laguna Honda Hospital Joint Conference Committee
- The Community and Public Health Committee
- The Finance and Planning Committee
The Health Commission also participates in the following external bodies:

- San Francisco Health Plan Board of Directors
- Zuckerberg SF General Foundation Board of Directors
- San Francisco Public Health Foundation Board of Directors
- In-Home Supportive Services Public Authority Governing Board

### Joint Conference Committee for Laguna Honda Hospital and Rehabilitation Center

The Joint Conference Committee for LHH is a sub-committee of the Health Commission. Committee members are appointed by the Health Commission President.

### Tessie M. Guillermo

Commissioner Guillermo is the Chair of the Board of Directors of CommonSpirit, the largest national non-profit health system in the United States. She is the former President and CEO of ZeroDivide, a philanthropy and consultancy that developed innovative digital equity strategies in support of low-income communities. Commissioner Guillermo was the founding CEO of the Asian and Pacific Islander American Health Forum, leading this national minority health policy/advocacy organization for 15 years. Commissioner Guillermo was appointed to the Health Commission in 2018 and chairs the Laguna Honda Hospital Joint Conference Committee.

### Edward A. Chow, M.D.

Commissioner Chow is an internal medicine specialist who has been in practice in San Francisco for over fifty years. He is President and CEO of Jade Health Care Medical Group, affiliated with the Chinese Hospital Health System. Previously he was Executive Director of the Chinese Community Health Care Association, and Chief Medical Officer of the Chinese Community Health Plan. Commissioner Chow currently chairs the Zuckerberg San Francisco General Hospital Joint Conference Committee; he is also a member of the Finance and Planning Committee and Laguna Honda Hospital Joint Conference Committee. He was appointed to the Health Commission in 1989.

### Laurie Green, M.D.,

Health Commission Vice President

Commissioner Green has delivered two generations of babies and practiced medicine in San Francisco for 40 years. In 1989 she co-founded Pacific Women’s Obstetrics & Gynecology Medical Group, the second all-female OB/GYN practice in San Francisco, providing state-of-the-art, empathic obstetrics and gynecology care in a woman-run environment. Dr. Green is also the Founder, President, and Chair of the Board of The MAVEN Project, which engages physicians to volunteer their clinical expertise via telehealth technology to medically under-resourced communities in the Bay Area and across the country.
Commissioner Green was appointed to the Health Commission in 2018 and is a member of the Joint Conference Committees of Laguna Honda Hospital and Zuckerberg San Francisco General Hospital, where she trained.

Dan Bernal, 
Health Commission President

Commissioner Bernal is Chief of Staff for Speaker of the House Nancy Pelosi. He has dedicated his career to public service, having served in the White House under President Bill Clinton and as a presidential appointee at the U.S. Department of Education. As Congress debated the Affordable Care Act, he supported Speaker Pelosi’s efforts to build support for the legislation in California by convening diverse stakeholders and coordinating activities among Bay Area Members of Congress. He continues to serve as a valuable resource to the California Democratic Congressional Delegation, key policy makers, and advocates in the fight to protect and improve the Affordable Care Act. He was appointed to the Health Commission in 2017.

Susan Belinda Christian, J.D.

Commissioner Christian is an Assistant District Attorney in San Francisco. She is currently a co-chair of District Attorney Boudin’s Community Health Advisory Committee. From 2012 through 2019, she was assigned to the Behavioral Health Court—a collaborative, multidisciplinary court providing treatment and rehabilitation for people whose criminal justice involvement is tied to behavioral health disorders. In 2012, she was appointed to the San Francisco Human Rights Commission, where she served four terms as Commission Chair and worked with the Mayor’s Office to create and implement a pilot program for Implicit Bias trainings for City employees. Commissioner Christian is a member of the ZSFG Joint Conference Committee and the Community & Public Health Committee. She was appointed to the Health Commission in 2020.

Cecilia Chung

Commissioner Chung is nationally recognized as a civil rights leader, advocating for HIV/AIDS awareness and care, LGBT equality, and prisoner rights. She is the Senior Strategist of Transgender Law Center and has served on a number of planning bodies, which includes the San Francisco HIV Health Services Planning Council, Transgender Community Advisory Board for UCSF TRANS and the Visioning Change Initiative of the California HIV/AIDS Research Program. She is a past member of the Presidential Advisory Council on HIV/AIDS. Commissioner Chung chairs the Finance and Planning Committee and is a member of the Community and Public Health Committee. She was appointed to the Health Commission in 2012.
Suzanne Giraudo, Ph.D.

Dr. Giraudo is a psychologist and is the Clinical Director of the California Pacific Medical Center Department of Pediatrics Child Development Center. In addition to her clinical expertise, Dr. Giraudo’s professional background includes development, administration, and supervision of pediatric clinical programs, grant administration, and teaching. She is the founder and trustee of the DeMarillac Academy, a Catholic school located in the Tenderloin, serving underserved children and families. Commissioner Giraudo is chair of the Community and Public Health Committee and represents the Health Commission on the San Francisco General Hospital Foundation. She was appointed to the Health Commission in 2019.

Mark Morewitz, MSW, Health Commission Executive Secretary

Mr. Morewitz has worked in public health research, program development and evaluation, and non-profit administration. First hired at the SFDPH in 1992, he has worked in HIV service contracting and monitoring; provided social work services; and served as the Director of the DPH Forensic AIDS Project. He has served as the Health Commission Executive Secretary since 2009.
You can make a difference for Laguna Honda and our residents. Donate to the Residents’ Gift Fund, CityBridge Laguna Honda or the San Francisco Public Health Foundation.

To make a contribution, visit us on the web at www.lagunahonda.org

To become a Laguna Honda volunteer, please call 415.759.3333 to be connected with our coordinators.

This report was not produced at public expense. Report can be found online at: www.lagunahonda.org

Laguna Honda Hospital and Rehabilitation Center
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